

Module #4: Self-Care
Requirements for Use of Professional Quality of Life Measure (ProQOL) Materials
Copyright Beth Hudnall Stamm (2009)

The following requirements were established by Beth Hudnall Stamm, the creator of the ProQOL assessment for compassion fatigue and compassion satisfaction. Ms. Stamm holds the copyright to all of these materials, including the assessment, scoring guide, graphic and PowerPoint slides found on the website (www.proQOL.org). She allows public use within the parameters below.

- Much of the ProQOL materials are available for free use. You will find permission and terms of use for the Professional Quality of Life: Compassion Satisfaction and Fatigue Version 5 (ProQOL) at www.proQOL.org.
- The test and accompanying materials may be freely copied as long as (a) the author is credited, (b) no changes are made, and (c) it is not sold.
- The PowerPoint slides do have a copyright showing on the bottom left. This means that the ProQOL slides are copyrighted to Beth Hudnall Stamm, but she has given permission to freely use them.
- In the case of these templates, there are special considerations listed here. You may:
 - Change the format.
 - Add your name and organizational information.
 - Add, rearrange, or remove slides to fit your presentation.
 - Print them for handouts.
 - Copy them for sharing with others who are working with Compassion Satisfaction and Compassion Fatigue and related issues.
- You may not:
 - Sell the slides. However, courses that use these materials may include a fee or a presenter may receive an honorarium. This is not in violation of the use agreement on the slides. What is a violation is specifically selling the slides themselves.
 - Use them without proper credit. The copyright information is on the slides.
 - Use them without including the ProQOL.org website.
 - Use them in any way that is illegal or otherwise prohibited by an ethics or other oversight board that is associated with your activities.
 - Include them in any print or electronic media publication that involves a copyright. Examples would be including them in a textbook, a news article, a taped book, or a website. If you would like to use them in this way, contact Beth Hudnall Stamm for permission to reprint.

- What does it mean that the ProQOL cannot be sold? In some cases, your presentation will be part of a course where participants pay a fee. You may use the materials freely as long as the materials are not sold separately from the overall course. You may not use the ProQOL in advertising for a program in such a way that it appears the Program is the vehicle to access the ProQOL. However, if the ProQOL materials are part of a training, paid or otherwise, it is not deemed to be a charge for the ProQOL itself.
- Please review the information at www.proqol.org, especially the FAQs.